### VARSITY FIELD HOCKEY, COACH BAUER

2022 Field Hockey season was one for the books. The girls started off the season strong but by the end of the season it was a little bit of a struggle. The girls always went into each game with the determination like I have never seen before! I am so very proud of all the hard work they put not only into the season but into each game and practice. This team of girls had such determination and girt, I am looking forward to next year to see what the team brings! Remember girls, the score if 0-0!"

### JV FIELD HOCKEY, COACH POLI

The 7th grade Holicong Field Hockey team had an incredible 2022 season, fighting hard for victory in each of their games, no matter the outcome. Their overall record this season was 4-3-1, with losses only to Tamanend and Lenape, tying for a well-earned second place. Twelve girls made up this determined group, varying in skills and experience, each player contributing uniquely and immensely to the team's success. These girls acted as a mini family, showing their trust and friendship both on and off the field this season. Congratulations to the 7th Grade Holicong Field Hockey Team!



VARSITY BOYS SOCCER, COACH COCHRAN

Holicong Boy's 8<sup>th</sup> grade soccer team had an outstanding season. They completed the season with a record of 7-1-2, losing in the District Championship. The team finished the regular season scoring 32 goals and only letting up 14.





#### JV BOYS SOCCER, COACH REED

Holicong's 7<sup>th</sup> Grade Soccer team battled hard this season to finish with a 4-4 record. The team made huge strides from start to finish as they learned the middle school style of play and the keys to being studentathletes for the first time. The highlight of the season came at the last game when Holicong defeated Unami 4-2. Unami had previously been undefeated and beat Holicong 9-0 in the first contest between the schools. What a turn-around!



#### VARSITY FOOTBALL, COACH UPDALE

Lets Gooooo! The Holicong varsity football team put together the first winning season since 2019! When asked about the season coach Updale replied, "It was a true team effort. On short notice, at various times during the season, players were asked to step out of their comfort zones to play positions they were not accustomed to. That is not simple thing to do." Though the Colonials earned a winning season, it was no easy road to success for the Holicong gridders. "Every game we had to overcome some type of adversity," said coach Updale, "even though key players missed games for various reasons, the boys who showed up to play always picked up the slack." When asked what he thought was the biggest improvement that the team made during this fall. "Tackling for sure, said coach Green. "We spend a lot of time practicing safe, yet effective tackling skills."

The Holicong varsity football team, comprised solely of 8<sup>th</sup> graders leaves big shoes to fill. They will no doubt give the CBE football program something to look forward to!

JV FOOTBALL, COACH TASHMAN & COACH BAYNE

The 7th grade Holicong Football team has had a phenomenal season, going undefeated! They are led by sensational players, Owen G., Hunter P., Chase W. & Asher G.







GIRLS TENNIS, COACH IVERSEN

Girls tennis had a wonderful season finishing with a 6-2 record. We had two groups make to the finals and our first Singles won the championships!

Our second Doubles came in second place at the championships and our first Doubles only lost two matches all season. All the girls played their best and had a great time both on and off the court!

VOLLEYBALL, COACH BENEDIX & COACH ZIMMERMAN This was a come back season for Holicong's Volleyball team. They pushed past adversity to work together and turn their record away. The team finished the season in 3<sup>rd</sup> place. Amazing team connections were built and students' love for the game grew exponentially. Not only did the team show passion for the game, but the entire school community showed their support and interest in the season.

CHEERLEADING, COACH PIERANGELI

The Holicong Cheerleading team quickly got under way cheering on the 7<sup>th</sup> and 8<sup>th</sup> grade football teams to many victories at home. The team showed their unwavering support for the Holicong football team by cheering and stunting until the very last minute. The Colonial cheerleading team has been working nonstop to prepare for their competition season which will kick off on Saturday, December 17<sup>th</sup> at North Penn High School.









